

Supporting Organizations

Albertsons Pharmacy
Anthem Blue Cross Blue Shield
Aventis Pharmaceuticals
Bassett Construction Company
Belmont Optimist Club
C.S.U. Cooperative Extension
City of Pueblo
Colorado Diabetes Control Program
Colorado State University-Pueblo
Diabetes Control Program-CDPHE
Eli Lilly & Co.
GlaxoSmithKline

Health-e-Solutions
La Renaissance Restaurant
Novo Nordisk Pharmaceuticals
Packard Foundation
Pueblo City County Health Dept.
Parkview Medical Center
Pueblo Board of Water Works
Pueblo Chieftain
Pueblo Community College
Pueblo Community Health Center
Pueblo County
Pueblo Rotary #43
Pugh Ettinger McCarthy Assoc., LLC

Rocky Mountain Health Plan
S.E.T. for Wellbeing
SCA Insurance
SECAHEC
St. Mary-Corwin Medical Center

STEPS
Takeda Pharmaceuticals
University of Colorado Health Sciences Ctr.
YMCA of Pueblo

Need Help? Contact...

Your Doctor or
One of these organizations
St. Mary-Corwin 560-5955
Parkview Medical Center 584-7320
Pueblo Community Health Center
 543-8711 x 125

Or visit our webpage at
www.pueblodiabetes.org



**PUEBLO COMMUNITY DIABETES
PROJECT**

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PCDP
PUEBLO COMMUNITY DIABETES PROJECT
IMPROVING
KNOWLEDGE LIFESTYLE AND PREVENTION

**A COMMUNITY
COLLABORATIVE TO
IMPROVE DIABETES
CARE IN PUEBLO
COUNTY**

ABOUT PCDP

MISSION STATEMENT

At a dynamic grassroots level the Pueblo Community Diabetes Project aims to improve knowledge, lifestyle, and prevention techniques to alter the prevalence of diabetes in Pueblo County.

PCDP was formed in 2001 through the Pueblo Rotary #43 and has since established these goals:

- To collect accurate data on the prevalence and impact of diabetes on health care costs in our community.
- To decrease the percentage of individuals in our community who develop diabetes
- To increase the number of people with diabetes who receive evidence-based treatment for their disease
- To increase the number of people with diabetes who are able to control and manage their disease processes.
- To increase health care satisfaction for people with diabetes
- To decrease overall costs of disability and treatment

The project creatively strives to:

Prevent Diabetes

Increase early diagnosis

Support effective education & behavior change

Promote evidence-based treatment

COMMUNITY INITIATIVE

PCDP is open to everyone interested in diabetes in our community. Whether you (or a friend or relative) have diabetes now, care for someone who does, or just want to learn more about diabetes and how it can be prevented; you are welcome to

HOW YOU CAN GET INVOLVED

There are many opportunities for involvement with Pueblo Community Diabetes Project:

Education/Self Care Work Group

(Individual Focus)

Held identify existing resources
Develop strategies for improving access to information

Prevention/Awareness Work Group

(Community Focus)

Improve public awareness of diabetes risk factors, prevention strategies, and the diabetes disease process
Impact the controllable risk factors for diabetes

Evidence-Based Clinical Care Work Group

(Provider Focus)

To maximize adherence to evidence-based practice standards for the care of persons with diabetes in Pueblo County.

Data/Resources/Payers Work Group

(Business Focus)

To collect data about diabetes and cost of care in the community

Develop and maintain PCDP's webpage.

Pueblo on the Move

A fun and easy program that can help you increase your levels of physical activity and enjoy many benefits of better health!

A monitor much like this, is used to monitor blood sugar levels on a daily basis.

They are affordable and can be found at most drugstores.



IMPROVING

KNOWLEDGE

LIFESTYLE AND

PREVENTION

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